

Do individuals involved in a romantic relationship use pornography?

A dyadic daily diary study

217 couples



56
woman-woman
couples



135
woman-man
couples



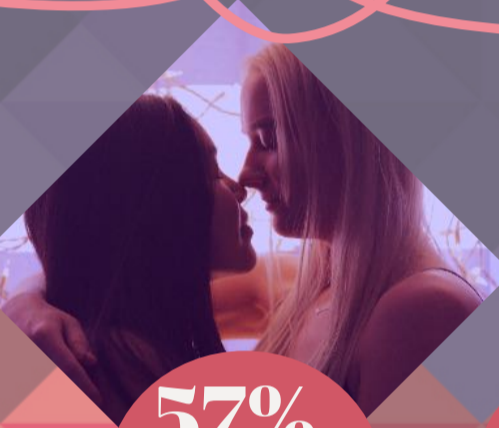
19
man-man
couples

**Mean age
30 years old**

**Mean relationship
duration
6 years**

35-day daily diaries

Every day, for 35 days, participants had to answer:
"Did you use pornography today?"



57%
of women
partnered
with a woman



40%
of women
partnered
with a man



76%
of men
partnered
with a woman

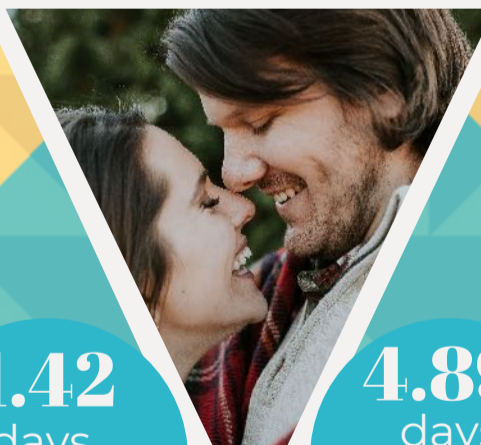
97%
of men
partnered
with a man

reported using pornography **at least one day**
during the 35-day period

Average number of days of pornography use



2.15
days
for women
partnered
with a woman



1.42
days
for women
partnered
with a man



4.89
days
for men
partnered
with a woman

9.63
days
for men
partnered
with a man

Out of 35 days

For more information:
Vaillancourt-Morel, M.-P., Rosen, N. O., Willoughby, B. J., Leonhardt, N. D., & Bergeron, S. (2020). Pornography use and romantic relationships: A dyadic daily diary study. *Journal of Social and Personal Relationships*, 37(10-11), 2802-2821.
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Questions?
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